## TIME OF DEPARTURE: 8:00 a.m. or 10:00 a.m.

## Dear participant of the archipelago tour

The bus to the archipelago in Bjököby village leaves in front of the town hall on Friday morning. Björköby is situated in the island to the northwest of Vaasa. Dogs are not allowed. The bus transport takes about 50 min. The bus will take you back after the meal.

You'll receive the time of departure when you'll visit our registration place. You can't change the time by yourself. Don't be late for the bus.

You have to make sure that you have enough to drink (at least 1 litre and for 20 km 2 litre) and to eat with you because we don't distribute water etc. along the route because of the non accessibility of the resting places. Use a rucksack, not a bag. The meal, fish-soup, that goes with the tour is served after your walk. Let us know of any food allergies etc. in advance. Due to the large number of participants, participants will be divided into two different dining locations. Take some coins or bankcard with you if there is something you want to buy.

Nordic walking sticks can be difficult to use because the path is too narrow, but you can take one walking stick with you. Preferably dress in long trousers and draw your socks above the trouser legs to shield yourself from the ticks and the prickly juniper shrubs. Also against the mosquitoes you can shield yourself with suitable clothing and a mosquito spray. Protect yourself against the sun, especially your head. The footwear should be stout and support your ankles, preferably also be waterproof and have firm soles, because part of the path is very stony. Follow weather reports! After rain the paths might be rather wet and slippery. Check for ticks after your tour.

N.B. At the begin of the route there is a watchtower (Saltkaret) with a fantastic view over the archipelago, so remember your camera! Up in the tower there is the multilingual guide who will tell you about the land uplift.

The trip will take place along a marked hiking trail. There is an automatic raft between the islands. However during our archipelago tour there is a driver for the raft. Participants will be given information about people they can contact during the trip if necessary.

We would very much like to hear your opinions of these routes.

Information about the archipelago walk <u>before the tour and feedback</u>: Helena Kyröläinen, helena.kyrolainen(at)netikka.fi, ph. +358 40 736 1238.