

See also our proper website!

This year Vaasan Marssi is arranged for the 28th time and as an international IML event for the 25th time.

Opening ceremony: On Thursday evening, time and place will be announced later.

Start: The market place

Finish: Villa Sandviken (1,7 km from the Market Place) where also First aid is available.

There will be shuttle transport from the Finish to the city centre during several hours on Saturday and Sunday.

Routes, starting times and finish times:

Friday: The archipelago routes: by bus at 8:00 a.m. outside the Town Hall. Note! We will know in May whether it will be possible to use the original archipelago track. See the advice for the archipelago tour on the website (is coming later).

10 km and 21 km, starting 12:00 - 13:00 o'clock from the Market Place.

Arrive at the finish latest at 6:00 p.m.

Saturday:

42 km: starting at 7:00 - 8:00 a.m. from the Market Place.

10 km and 23 km: starting at 9:30 - 10:00 a.m. from the Market Place.

Arrive at the finish latest at 6:00 p.m.

Sunday:

42 km and 25 km, starting at 7:00 - 8:00 a.m. from the Market Place.

10 km and 20 km, starting at 8:00 - 10:00 a.m. from the Market Place.

Arrive at the finish latest at 6:00 p.m.

Traffic and safety: If you need help on the routes, please contact the organizers or phone 112 if necessary. Avoid dehydration during the walk by having something to drink (non alcoholic). Please, use the left side of the road, if the road has no pavement. Keep to the right on pavements, light traffic tracks and pedestrian crossings or obey the traffic signs.

Please, control the guidelines for travelling to Finland here (in English):

<https://valtioneuvosto.fi/en/information-on-coronavirus/current-restrictions/travel-to-and-from-finland>

Every walker participates in the event on her/his own responsibility. Photos from the event can be used for advertising purposes. Information of a participant is not given to a third party without a permission of the participant.

Routes. There are many beautiful routes and even something new to see also for those who live in the Vaasa area. On Friday you'll walk along the seaside and over the pedestrian bridge. Then you walk through the Bock's Corner (brewery area). During the longer route you'll visit an area with new houses in Koskisuo and old ones in Smedsby and the forest which is a popular skiing area during winter time.

On Saturday you'll first walk along the seaside and pass the University of Vaasa. The longer routes (23 and 42 km) pass Strömsö, the place where the famous TV-program is made and maybe you can buy pancakes there. The longest route (42 km) goes through the villages of Koskisuo, Böle and Karperö. The last kilometres come through the brewery area and along the seaside.

On Sunday all the routes first go through the park of Tammikartano (near the city hospital) and at the end along the beautiful parks by the sea. The longer routes go through Smedsby and Pilvilampi (a popular recreation area), old Vaasa (which was destroyed 1852 by fire) and Alkula (the oldest house in Vaasa), where you may buy pancakes.

Marking: The routes are marked with white plastic ribbons with the Vaasan Marssi emblem and www-address, and with arrows. At the places where the routes go in different directions or come together there will also be special signs/coloured flags: **10 km red**, 20-23 km white, **25 km yellow** and **42 km blue**. Also other signs and arrows will be used.

Service. Walking is arranged with resting places with distances of 5-8 km, where you can have water and in some places also something little to eat. Take something to drink and eat with you. You can buy pancakes and coffee at Strömsö on Saturday (23, 25 and 42 km) and at Alkula on Sunday (20, 25 and 42 km) - take some coins with you. The toilets (BajaMaja/WC) are marked on the route map.

The participant fees, see the website 'Entry' site: We would like the fees to be paid in advance latest on 4th August. If you pay later, please take a receipt with you to the start. The account number is FI73 1528 3000 1027 85, IBAN NDEAFIHH, the reference number is 1070 (use the reference number - if there is something special, send email). A part of the participant fee goes to the Women's Bank, a charity organization.

T-shirts: For sale Vaasan Marssi T-shirts in different colours (blue, red, white) and sizes (XS, S, M, L, XL, XXL, XXXL). You can try on a shirt at the start/finish area.

Participant card, map and app: You'll get your route map and control card at the Market Place on Thursday at 10:00 a.m. -10:00 p.m. (near the place of Visit Vaasa) or at the start before the start. You will find the link to the route app in this attachment on the 7th August, **the link:**

The app gives you information of the route and shows you where you are on the route. The app will also give information about service, tourist attractions etc. The app consumes quite a lot of energy, so bring a spare battery.

Medals, diploma e. c. Every participant will get a special walking diploma. It's possible to get IVV-stamps and buy IVV-passport at the finish. You can get a Vaasan Marssi medal (or number) if you have walked three days. IML-stamps and -medals - see the rules on our websites. Special medals and diplomas will be given at the closing ceremonies at 3:00 p.m. on Sunday.

We are doing our best to make this event a pleasurable memory. Enjoy your walking holiday. **Warmly welcome!**