

See also our proper website

This year Vaasan Marssi is arranged for the 29th time and as an international IML event for the 26th time.

Opening ceremony: On **Friday** evening at 6:00 p.m. in **Vuorikoti (Vuorikatu 2-4)**

Start: The market place, **near the statue.**

Finish: **Vuorikoti**, address: Vuorikatu 2-4 (0,5 km from the Market Place). **Drinks and food are available for sale at the finish area. Closing ceremonies will be held at the finish area on Sunday starting at 3 p.m.**

Routes, starting times and finish times:

Friday: The archipelago routes: by bus **at 7:00 a.m.**, at **8:00 a.m.**, **at 9:00 a.m.** and at **10:00 a.m.** outside the Town Hall. See the advices for the archipelago tour on the website. **10 km** and **21 km**, starting 12:00 - 13:00 o'clock from the Market Place. Arrive at the finish latest at 6:00 p.m.

Saturday:

42 km: starting at 7:00 - 8:00 a.m. from the Market Place.
10 km and **23 km:** starting at 9:30 - 10:30 a.m. from the Market Place.
Arrive at the finish latest at 6:00 p.m.

Sunday:

42 km and **25 km**, starting at 7:00 - 8:00 a.m. from the Market Place.
10 km and **21 km**, starting at 8:00 - 10:00 a.m. from the Market Place.
Arrive at the finish latest at 6:00 p.m.

Traffic and safety: If you need help on the routes, please contact the organizers or phone 112 if necessary. Avoid dehydration during the walk by having something to drink (non alcoholic). Please, use the left side of the road, if the road has no pavement. Keep to the right on pavements, light traffic tracks and pedestrian crossings or obey the traffic signs.

Every walker participates in the event on her/his own responsibility. Photos from the event can be used for advertising purposes. Information of a participant is not given to a third party without a permission of the participant.

There are many beautiful **routes** and even something new to see also for those who live in the Vaasa area. **On Friday**, in addition to the archipelago tour, there are two routes of different lengths in the city. You will first go to the seaside. From the Brage Museum (open), you will head inland. The longer route will take you to Ämmänmäki, which is a popular recreation area (lighted trails in winter). You will also get to know older (Sepänkylä) and newer (Koskisuo) housing developments. The 21 km route will take you to the Bock's Corner brewery area. The shorter route will pass the cemetery and go through Tiklaslampi Park. Both routes will converge shortly before the finish line at the popular 'multi-purpose park'.

All routes on **Saturday** first head to the seaside, where you will find, among other things, the Court of Appeal building and the buildings of the University of Vaasa. It is worth stopping by the Maritime Museum, free admission! In the seaside area you will also pass a sewage treatment plant, where sewage from the neighboring municipality is also treated. The longer route (42 km) heads to the Karperö village via Koskisuo residential area. The longest

routes (23 and 42 km) also go through Strömsö, where a popular home-stay program has been held, which has also been popular in other Nordic countries. The last kilometers of all routes come through Bock's Corner brewery, from where you head to the Onkilahti shore and through the multi-purpose park area to the finish line.

On **Sunday**, the routes first head to Edvinipolku, where you can explore wartime structures. Towards the end, the routes follow a beautiful seaside park - the coastal route is also part of the St. Olav pilgrimage route. Longer routes take you through Sepänkylä and Pilvilampi, as well as Old Vaasa (burned down in 1852). You will also explore the Alkula area, where Finland's first steam mill and tobacco fields were located, and where the oldest house in Vaasa is now located.

Marking: The routes are marked with white plastic ribbons with the Vaasan Marssi emblem and www-address, and with arrows. At the places where the routes go in different directions or come together there will also be special signs/coloured flags: **10 km red**, 20-23 km white, **25 km yellow** and **42 km blue**. Also other signs and arrows will be used.

Service. Walking is arranged with resting places with distances of 5-8 km, where you can have water and in some places maybe something little to eat. Take something to drink and eat with you. You can buy pancakes and coffee at Strömsö on Saturday (23, 25 and 42 km) and at Alkula on Sunday (20, 25 and 42 km) - take some coins with you. The toilets (BajaMaja/WC) are marked on the route map.

The participant fees, see the website 'Entry' site: We would like the fees to be paid in advance latest on 4th August. If you pay later, please take a receipt with you to the start. The account number is FI73 1528 3000 1027 85, IBAN NDEAFIHH. A part of the participant fee goes to the Women's Bank, a charity organization.

T-shirts: For sale Vaasan Marssi T-shirts in different colours (blue, red, white) and sizes (XS, S, M, L, XL, XXL, XXXL). You can try on a shirt at the start/finish area.

Participant card, map and app: You'll get your route map and control card at the Market Place on Thursday at 10:00 a.m. -10:00 p.m. (near the place of Visit Vaasa) or at the start before the start. The link to the route app: <https://geoinfo.vaasa.fi/sovellukset/vaasanmarssi/>

The app gives you information of the route and shows you where you are on the route. The app will also give information about service, tourist attractions etc. The app consumes quite a lot of energy, so bring a spare battery.

Medals, diploma e. c. Every participant will get a special walking diploma. It's possible to get IVV-stamps and buy IVV-passport at the finish. You can get a Vaasan Marssi medal (or number pins) if you have walked three days. IML-stamps and -medals - see the rules on our websites. Special medals and diplomas will be given at the closing ceremonies at 3:00 p.m. on Sunday.

We are doing our best to make this event a pleasurable memory. Enjoy your walking holiday. **Warmly welcome!**